

Help us
help those
helping others



In 1949, Hermann Gmeiner, together with his friends established the first **SOS Kinderdorf (Children's Villages)** in Imst, Tirol. This simple but ingenious idea received immediate acclaim, and in 1960, there were already ten SOS Children's Villages in Europe helping over 100 families. This expansion was made possible by the nearly one million friends who regularly supported the organization with donations. Before long the idea from Hermann Gmeiner began to spread around the world.

Today, the SOS staff is caring for the needs, interests and rights of children in over 130 countries. Since its founding 70 years ago, **SOS Children's Villages** have given thousands of children in emergency situations a new home, a loving family and prospects of a better future.

Last year, **Ride for Help** raised more than 6000 euro in donations. This money was used to spread happiness to the **SOS Kinderdorf Harksheide** in Schleswig-Holstein and the **SOS Kinderdorf Gera** in Thuringia. Such donations support the daily work of the staff while also enabling projects that benefit the children they take care of.



(Donating to the **SOS Children's Village** in Harksheide)

With the Ride for Help in 2021, we would also like to have as many donors as possible - every euro counts, and that money will help us support **SOS Children's Villages** to help others.



Hunde für Handicaps e.V. (Dogs for the Handicapped), is a charity organization that has been training assistant dogs since 1991. These dogs are also trained together with people having physical handicaps or chronic illnesses in preparation for the required Assistant Dog Team Examination.



Trained assistant dogs live together with the people they support in the same household. They learn, for example, how to pick up fallen objects, open doors, operate light switches and getting undressed. The dogs are specifically trained to meet the needs of their future companions.

Jasmin & Snickers



My name is Jasmin, I'm 33 years old and live in Berlin. Up until July 2020 I had my assistance dog 'Mars' by my side, which made my everyday life easier. Unfortunately, he died far too early and left a huge void in my life. Happily a successor for 'Mars' has been found and I am looking forward to working with 'Snickers' in the future.

As with Mars, 'Snickers' will support me in everyday life, by picking up objects, removing laundry from the washing machine, operating light and elevator switches or opening and closing doors. Taking off shoes and clothes, bringing the phone in an emergency and carrying the shopping in panniers are tasks that will be part of his training.

My illness, Ehlers-Danlos syndrome, is characterized by chronic pain and tiredness (fatigue), dislocation of my joints, herniated discs and a lack of resilience in everyday life. 'Snickers' will be my door opener in two senses:

He will not only open doors to rooms for me, but also to other people; with my dog, the handicap takes a back seat. The training of an assistance dog is complex and expensive, and it is not covered by the health insurance. Your help will be a huge help for us and we will greatly appreciate it!

You can donate at <https://ride4help.de/>



23rd August – 27th August 2021
Ride for Help Association e.V.

We need your
help...



...to help those helping others

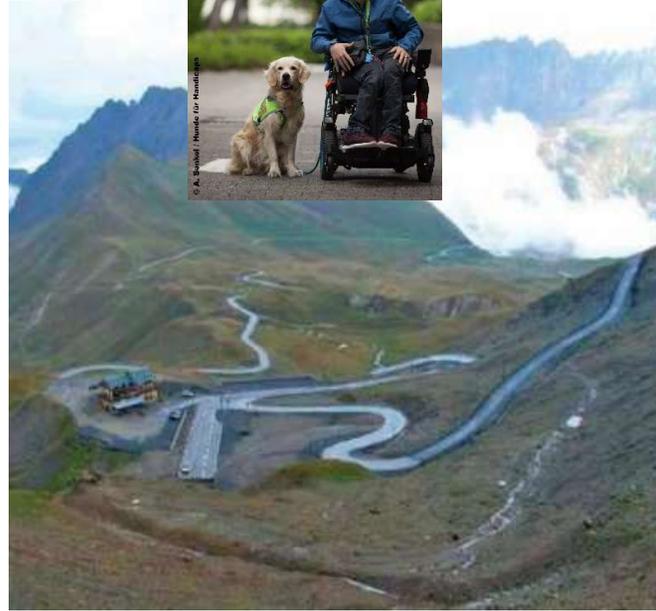


We are riding again at the end of August 2021!

Since 2005, the dedicated cycling enthusiasts who participate in the Ride for Help have been riding famous routes that are part of the Tour de France and Giro d'Italia to raise money for good causes. So far, we have collected nearly €400,000 to the benefit of those in need.

We support charity organizations training assistant, service and guide dogs and are helping these integrate them into the disadvantaged family. These wonderful, specially trained dogs help people with handicaps live a better life and become more independent while adding more quality and companionship to their lives.

We also support children charity organizations such as the SOS Children's Village. Each and every person and company is kindly asked to recognize our physical challenge and engagement by making a donation that will help us help others.



charity cycle challenge | 23rd August - 27th August

I would like to help!

I support Name of rider participating in the „Ride for help“

And donate Euro for : (p:lesse x your choice)

- Hunde für Handicaps (Jasmin und Snickers)
- SOS Children' s Village

You can donate at <https://ride4help.de/> via PayPal or by bank transfer see on right-

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